

Post Treatment Instructions following Crown (cap) Preparation

It is not uncommon to experience discomfort following preparation of a tooth for a crown. This can range from minimal to moderate depending on the amount of preparation that was necessary on the tooth, and also on how far below the gingiva (gum) we had to prepare. This discomfort normally subsides within two to three days but may continue being sensitive to extreme temperatures until the permanent crown is placed.

Procedures to help alleviate discomfort:

1. We recommend taking 400mg of ibuprofen (Advil, Motrin, etc.) before the anesthetic (numbness) wears off. Then take 400mg of ibuprofen every four hours for the next twenty-four hours (*do not exceed 2400mg in a 24 hour period*). If you are unable to take ibuprofen, or other anti-inflammatory medications, substitute acetaminophen (Tylenol).
2. Warm salt water rinses will also help ease the discomfort in the gum area. We recommend one teaspoon of salt in a warm eight ounce glass of water. Place the salt in your mouth and rinse for one minute and expectorate the salt water (do not swallow).

If temporary crown comes off before placement of permanent crown:

1. If it is during regular office hours, please feel free to call the office and we will gladly re-cement it for you.
2. If you are unable to come in or it is after regular office hours, try the following:
 - a: Place a denture adhesive (i.e. Fixodent) in the temporary crown and put the crown back into place.
 - b: Mix Vaseline and baby powder or talcum powder into a jelly consistency and place in the crown and put back into place.

If you have any questions or concerns, please feel free to call our office and a staff member will be glad to answer your questions.

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OFFICE HOURS

Monday - Thursday, 8am-1pm 2pm-5pm